

# KIT LIST



**KERNOW2025**  
DISCOVER ADVENTURE **DISKUDH AVENTUR**

Please write your name, and if possible your group and subcamp, on everything you bring.	
Main bag – a large rucksack without wheels	Clothes
<input type="checkbox"/> Sleeping bag and pillow	<input type="checkbox"/> Scout or Guide Uniform
<input type="checkbox"/> Roll mat	<input type="checkbox"/> Comfy shoes for the Kernow site <i>Your shoes may get muddy if the weather isn't great</i>
<input type="checkbox"/> Blanket	<input type="checkbox"/> Socks
<input type="checkbox"/> Water bottle	<input type="checkbox"/> Underwear
<input type="checkbox"/> Lunchbox	<input type="checkbox"/> T-shirt
<input type="checkbox"/> Wallet and spending money/payment card	<input type="checkbox"/> Trousers – no jeans!
<input type="checkbox"/> Torch	<input type="checkbox"/> Jumper
<input type="checkbox"/> Mess bag – plate, bowl, cup, cutlery	<input type="checkbox"/> Pyjamas
<input type="checkbox"/> Tea towels	<input type="checkbox"/> Waterproofs – coat and trousers
<input type="checkbox"/> Book/comic	<input type="checkbox"/> Hat or cap
<input type="checkbox"/> Game to play with your friends	<input type="checkbox"/> Welly boots
<input type="checkbox"/> Day bag for off-site activities	
<input type="checkbox"/> Bag for dirty clothes	<b>WAVE</b>
<input type="checkbox"/> Mobile phone and charger/power bank <i>(optional)</i>	<input type="checkbox"/> Swimming costume
Personal care	<input type="checkbox"/> Beach towel
<input type="checkbox"/> Medication <i>Your leader may ask that this is handed to them</i>	<input type="checkbox"/> Suitable clothes for the weather <i>On the beach there will be no protection if it's wet!</i>
<input type="checkbox"/> Hand sanitiser	<input type="checkbox"/> Flask for hot drinks <i>(optional)</i>
<input type="checkbox"/> Suncream	<input type="checkbox"/> Warm outfit for after being in the sea
<input type="checkbox"/> Shower gel & shampoo	<input type="checkbox"/> Water shoes that can get wet <i>(see below)</i>
<input type="checkbox"/> Towel	<input type="checkbox"/> Rash vest <i>(if you have one)</i>
<input type="checkbox"/> Flannel	<input type="checkbox"/> Warm hat
<input type="checkbox"/> Toothbrush & toothpaste	<input type="checkbox"/> Sun hat
<input type="checkbox"/> Brush or comb	<input type="checkbox"/> Suncream
<input type="checkbox"/> Sanitary products	<i>Water shoes can be wetsuit shoes, but old trainers work great. They need to be something that won't fall off your feet when you jump into the water, so no Crocs or flip-flops. There will be no footwear available for use if what you bring is unsuitable.</i>
IMPACT	<i>If you have your own wetsuit and would like to bring it, you're welcome to do so, but the centre can provide one if you don't have one.</i>
<input type="checkbox"/> Plain white t-shirt or school shirt <i>It'll be used as a canvas, so nothing too precious or expensive!</i>	Evening Entertainment
<input type="checkbox"/> An old t-shirt – any size, any colour	<input type="checkbox"/> Clothes for our neon party – think 80s!
KERNOPLY	<input type="checkbox"/> A costume related to your subcamp <i>You'll also use this for Kernopoly</i>
<input type="checkbox"/> A costume related to your subcamp <i>You'll also use this for the evening entertainment</i>	

**Your subcamp themes**

<b>FISTRAL</b> Surfing & Beaches	<b>NEWLYN</b> The <b>fishing</b> industry	<b>PENDENNIS</b> Castles & Knights	<b>CROFTY</b> The <b>mining</b> industry	<b>POLPERRO</b> Pirates & Smugglers
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**Other items your leaders would like you to bring**

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**Notes**